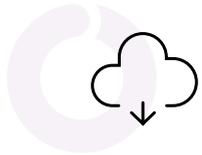


## Features



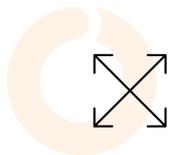
### Personalised insights

Simply answer the questions below and let OWise deliver personalised information about your diagnosis and treatment - helping you to have better discussions with a doctor or nurse.



### Everything in one place

OWise keeps all of your information such as appointments, prescriptions and doctor's notes in one place so that you can easily and simply access them at any time for reference.



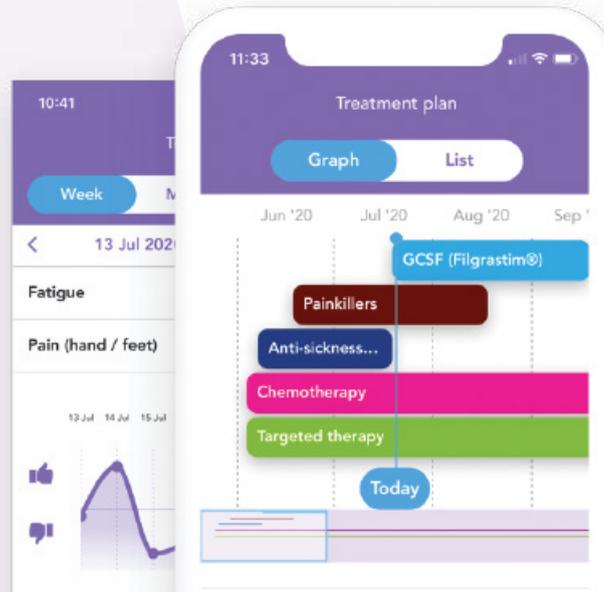
### Better communication

Track and review precisely how you have been feeling. Sharing this with your care team helps them to better understand your side effects and symptoms to deliver the best care possible.



## What is OWise?

Already used by thousands, **OWise** is your own personal cancer support app to help you regain control of your life from the first day of diagnosis. Let **OWise** support you with safe and reliable information while collating valuable insights about your day-to-day wellbeing that can assist your medical team in making informed decisions about on-going treatment.



### Patient quotes:

"**OWise** creates order in this chaos and keeps it that way. It is truly a fantastic support!"

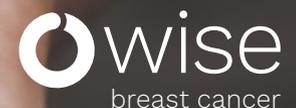
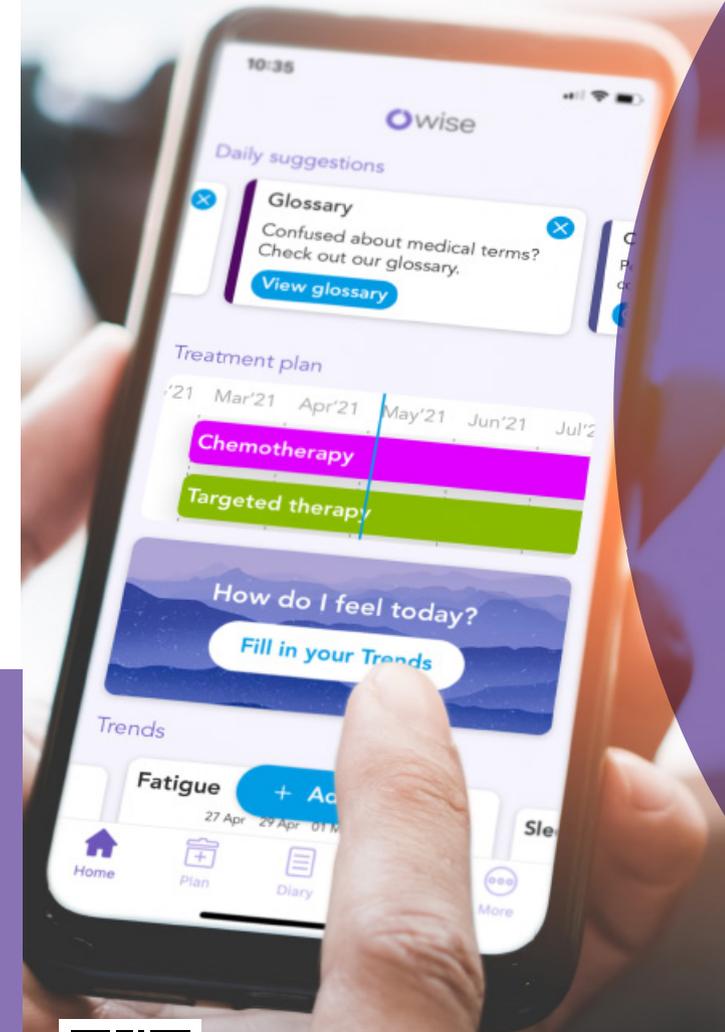
JOLENE (56)

"The **OWise** App is an invaluable tool to give peace of mind that supports during stressful treatment periods when monitoring is thorough and continuous."

JULIE (49)

## Your personalised help for breast cancer

Get the app and regain control



## OWise profile details

Ask your doctor or clinical nurse specialist to fill in these questions for you. That will help you when you start using OWise.

### Diagnosis



#### Which type of breast cancer do you have?

- DCIS  IDC (or NOS)  Other  
 LCIS  ILC  I don't know

#### Has the breast cancer come back?

- Yes  No  I don't know

### Stage



#### The breast cancer you have is in stage:

- Stage 0  Stage 2  Stage 4  
 Stage 1  Stage 3  I don't know

#### What is the size of the primary tumour found in your breast?

- Smaller than 2 cm  Larger than 5 cm  
 Between 2 cm and 5 cm  I don't know

#### What is the grade of the cancer cells?

- Grade 1  Grade 3  
 Grade 2  Has not been tested yet

#### Have cancer cells spread to lymph nodes near your breast or armpit?

- Yes, to less than 4 lymph nodes  Yes, to 4 to 9 lymph nodes  
 Yes, to more than 9 lymph nodes  Has not been tested yet  
 No

#### Has the cancer spread to other parts of your body, beyond the lymph nodes?

- Yes  No

#### Do you know your TNM Stage?

T. \_\_\_\_\_ N. \_\_\_\_\_ M. \_\_\_\_\_

### Molecular



#### Are the cancer cells positive for hormone receptors?

- Yes  No  Has not been tested yet

OWise breast cancer has been developed in collaboration with patients & clinicians by Px HealthCare.

www.owise.uk



#### Are the cancer cells positive for HER2 receptors?

- Yes  No  Has not been tested yet

#### Is your cancer familial or genetically determined?

- Yes, close family members also have or have had cancer  
 Yes, tests have found that I carry the BRCA1 or BRCA2 mutation  
 No, cancer does not occur in my close family

### Surgery



#### The breast cancer has been or will be removed by:

- Mastectomy, with or without reconstruction  
 Breast conserving surgery  Has not been decided yet

#### Following surgery, a doctor will look at the margins (borders) of the removed breast tissue. Was the result:

- Negative  Close (cancer cells were found close to the edge)  
 Positive  I have not had surgery / I have not received the results yet.

#### Will you receive or have you received additional surgery on the same breast or area following a first operation?

- No  Yes: breast reconstruction  
 Yes: another breast conserving surgery  Yes: another type of surgery  
 Yes: surgery to remove lymph nodes in my armpit  
 Yes: mastectomy with immediate reconstruction  
 Yes: mastectomy  I don't know

### Your Treatments



#### Operation

- Breast conserving surgery  Sentinel lymph node biopsy  
 Mastectomy  Surgery (other)  
 Lymph node surgery  Breast reconstruction / prosthesis

#### Chemotherapy

- AC: doxorubicin, cyclophosphamide  
 CAF (or FAC): cyclophosphamide, adriamycin, 5-fluorouracil  
 CMF: cyclophosphamide, methotrexate, 5-fluorouracil  
 CNF: cyclophosphamide, mitoxantrone, 5-fluorouracil  
 EC: epirubicin, cyclophosphamide  
 FEC: 5-fluorouracil, epirubicin, cyclophosphamide  
 TC: taxotere, cyclophosphamide  
 Capecitabine (Xeloda®)  Ixabepilone (Ixempra®)  
 Carboplatin (Paraplatin®)  Methotrexate Sodium (Trexall®, Xatmep®)  
 Docetaxel (Taxotere®)  Nab-Paclitaxel (Abraxane®)  
 Doxorubicin (Caelyx®)  Paclitaxel (Taxol®)  
 Epirubicin Hydrochloride (Ellence®)  
 Eribulin (Halaven®)  Pamidronate Disodium (Aredia®)  
 Fluorouracil Injection (Adrucil®)  Thiotepa (Tepadina®)  
 Gemcitabine (Gemzar®)  Vinblastine sulfate (Velban®)  
 Irinotecan (Camptosar®) /  Vinorelbine (Navelbine®)  
Topotecan (Hycamtin®)  Other / I don't know

### Radiotherapy

Number of fractions: \_\_\_\_\_

#### Targeted (biological) therapy

- Abemaciclib (Verzenio®)  Pembrolizumab (Keytruda®)  
 Alpelisib (Piqray®)  Pertuzumab (Perjeta®)  
 Atezolizumab (Tecentriq®)  Pertuzumab, Trastuzumab, Hyaluronidase (Phesgo®)  
 Bevacizumab (Avastin®)  Ribociclib (Kisqali®)  
 Denosumab (XGEVA®)  Sacituzumab govitecan (Trodelvy®)  
 Everolimus (Afinitor®)  T-DM1 Trastuzumab-emtansine (Kadcyla®)  
 Fam-Trastuzumab Deruxtecan (Enhertu®)  Lapatinib (Tykerb®)  Talazoparib (Talzenna®)  
 Neratinib (Nerlynx®)  Trastuzumab (Herceptin®)  
 Olaparib (Lynparza®)  Tucatinib (Tukysa®)  
 Palbociclib (Ibrance®)  Other / I don't know

#### Hormone therapy

- Anastrozole (Arimidex®)  Megestrol acetate (Megace®)  
 Buserelin (Suprefact®)  Tamoxifen (10 mg/day)  
 Exemestane (Aromasin®)  Tamoxifen (20 mg/day)  
 Fulvestrant (Faslodex®)  Toremifene (Fareston®)  
 Goserelin (Zoladex®)  Triptorelin (Decapeptyl®)  
 Letrozole (Femara®)  Other / I don't know

#### Bisphosphonates

- Alendronate sodium (Fosamax®)  Sodium clodronate (Bonefos®)  
 Ibandronate (Boniva®)  Zoledronic acid (Zometa®, Reclast®)  
 Pamidronate (Aredia®)  Other / I don't know  
 Risedronate (Acetonel®)

#### GCSF (Filgrastim®) or Growth Factors

#### Angiogenesis-inhibitor

- Bevacizumab (Avastin®)  Other / I don't know

#### Anti-sickness drugs

- Dexamethasone  Netupitant and palonosetron (Akyzeo®)  
 Domperidone  Ondansetron (Zofran®)  
 Fos-aprepitant (Emend®)  Other / I don't know  
 Granisetron (Kytril®)  
 Metoclopramide

#### Painkillers

- Diclofenac (Voltaren®)  Opioid drugs (e.g. morphine)  
 Ibuprofen (Brufen® or Advil®)  Paracetamol  
 Naproxen (Naprosyne®)  Other / I don't know

#### Other

- \_\_\_\_\_  \_\_\_\_\_  
 \_\_\_\_\_  \_\_\_\_\_