

OWise profile details

Ask your doctor or clinical nurse specialist to fill in these questions for you. That will help you when you start using OWise.

Diagnosis



Which type of breast cancer do you have?

- DCIS IDC (or NOS) Other
 LCIS ILC I don't know

Has the breast cancer come back?

- Yes No I don't know

Stage



The breast cancer you have is in stage:

- Stage 0 Stage 2 Stage 4
 Stage 1 Stage 3 I don't know

What is the size of the primary tumour found in your breast?

- Smaller than 2 cm Larger than 5 cm
 Between 2 cm and 5 cm I don't know

What is the grade of the cancer cells?

- Grade 1 Grade 3
 Grade 2 Has not been tested yet

Have cancer cells spread to lymph nodes near your breast or armpit?

- Yes, to less than 4 lymph nodes Yes, to 4 to 9 lymph nodes
 Yes, to more than 9 lymph nodes Has not been tested yet
 No

Has the cancer spread to other parts of your body, beyond the lymph nodes?

- Yes No

Do you know your TNM Stage?

T. _____ N. _____ M. _____

Molecular



Are the cancer cells positive for hormone receptors?

- Yes No Has not been tested yet

OWise breast cancer has been developed in collaboration with patients & clinicians by Px HealthCare.

www.owise.uk



Are the cancer cells positive for HER2 receptors?

- Yes No Has not been tested yet

Is your cancer familial or genetically determined?

- Yes, close family members also have or have had cancer
 Yes, tests have found that I carry the BRCA1 or BRCA2 mutation
 No, cancer does not occur in my close family

Surgery



The breast cancer has been or will be removed by:

- Mastectomy, with or without reconstruction
 Breast conserving surgery Has not been decided yet

Following surgery, a doctor will look at the margins (borders) of the removed breast tissue. Was the result:

- Negative Close (cancer cells were found close to the edge)
 Positive I have not had surgery / I have not received the results yet.

Will you receive or have you received additional surgery on the same breast or area following a first operation?

- No Yes: breast reconstruction
 Yes: another breast conserving surgery Yes: another type of surgery
 Yes: surgery to remove lymph nodes in my armpit
 Yes: mastectomy with immediate reconstruction
 Yes: mastectomy I don't know

Your Treatments



Operation

- Breast conserving surgery Sentinel lymph node biopsy
 Mastectomy Surgery (other)
 Lymph node surgery Breast reconstruction / prosthesis

Chemotherapy

- AC: doxorubicin, cyclophosphamide
 CAF (or FAC): cyclophosphamide, adriamycin, 5-fluorouracil
 CMF: cyclophosphamide, methotrexate, 5-fluorouracil
 CNF: cyclophosphamide, mitoxantrone, 5-fluorouracil
 EC: epirubicin, cyclophosphamide
 FEC: 5-fluorouracil, epirubicin, cyclophosphamide
 TC: taxotere, cyclophosphamide
 Capecitabine (Xeloda®) Ixabepilone (Ixempra®)
 Carboplatin (Paraplatin®) Methotrexate Sodium (Trexall®, Xatmep®)
 Docetaxel (Taxotere®) Nab-Paclitaxel (Abraxane®)
 Doxorubicin (Caelyx®) Paclitaxel (Taxol®)
 Epirubicin Hydrochloride (Ellence®)
 Eribulin (Halaven®) Pamidronate Disodium (Aredia®)
 Fluorouracil Injection (Adrucil®) Thiotepa (Tepadina®)
 Gemcitabine (Gemzar®) Vinblastine sulfate (Velban®)
 Irinotecan (Camptosar®) / Vinorelbine (Navelbine®)
Topotecan (Hycamtin®) Other / I don't know

Radiotherapy

Number of fractions: _____

Targeted (biological) therapy

- Abemaciclib (Verzenio®) Pembrolizumab (Keytruda®)
 Alpelisib (Piqray®) Pertuzumab (Perjeta®)
 Atezolizumab (Tecentriq®) Pertuzumab, Trastuzumab, Hyaluronidase (Phesgo®)
 Bevacizumab (Avastin®) Ribociclib (Kisqali®)
 Denosumab (XGEVA®) Sacituzumab govitecan (Trodelyv®)
 Everolimus (Afinitor®) T-DM1 Trastuzumab-emtansine (Kadcyla®)
 Fam-Trastuzumab Deruxtecan (Enhertu®) Lapatinib (Tykerb®) Talazoparib (Talzenna®)
 Neratinib (Nerlynx®) Trastuzumab (Herceptin®)
 Olaparib (Lynparza®) Tucatinib (Tukysa®)
 Palbociclib (Ibrance®) Other / I don't know

Hormone therapy

- Anastrozole (Arimidex®) Megestrol acetate (Megace®)
 Buserelin (Suprefact®) Tamoxifen (10 mg/day)
 Exemestane (Aromasin®) Tamoxifen (20 mg/day)
 Fulvestrant (Faslodex®) Toremifene (Fareston®)
 Goserelin (Zoladex®) Triptorelin (Decapeptyl®)
 Letrozole (Femara®) Other / I don't know

Bisphosphonates

- Alendronate sodium (Fosamax®) Sodium clodronate (Bonefos®)
 Ibandronate (Boniva®) Zoledronic acid (Zometa®, Reclast®)
 Pamidronate (Aredia®) Other / I don't know
 Risedronate (Acetonel®)

GCSF (Filgrastim®) or Growth Factors

Angiogenesis-inhibitor

- Bevacizumab (Avastin®) Other / I don't know

Anti-sickness drugs

- Dexamethasone Netupitant and palonosetron (Akyzeo®)
 Domperidone Ondansetron (Zofran®)
 Fos-aprepitant (Emend®) Other / I don't know
 Granisetron (Kytril®)
 Metoclopramide

Painkillers

- Diclofenac (Voltaren®) Opioid drugs (e.g. morphine)
 Ibuprofen (Brufen® or Advil®) Paracetamol
 Naproxen (Naprosyne®) Other / I don't know

Other

_____ _____

_____ _____