

Features



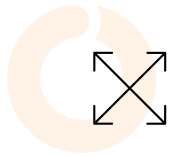
Personalised insights

Simply answer the questions below and let OWise deliver personalised information about your diagnosis and treatment – helping you to have better discussions with a doctor or nurse.



Everything in one place

OWise keeps all of your information such as appointments, prescriptions and doctor's notes in one place so that you can easily and simply access them at any time for reference.



Better communication

Track and review precisely how you have been feeling. Sharing this with your care team helps them to better understand your side effects and symptoms to deliver the best care possible.



What is OWise?

Already used by thousands, **OWise** is your own personal cancer support app to help you regain control of your life from the first day of diagnosis. Let **OWise** support you with safe and reliable information while collating valuable insights about your day-to-day wellbeing that can assist your medical team in making informed decisions about on-going treatment.



Patient quotes:

"**OWise** creates order in this chaos and keeps it that way. It is truly a fantastic support!"

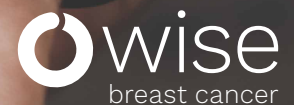
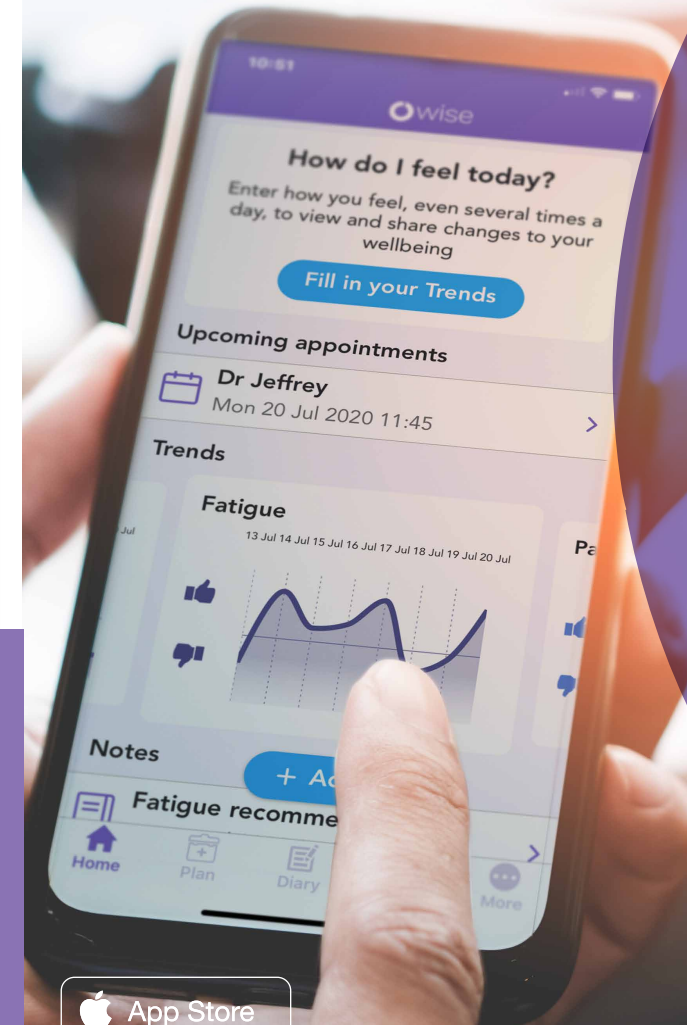
JOLENE (56)

"the **OWise** App is an invaluable tool to give peace of mind that supports during stressful treatment periods when monitoring is thorough and continuous."

JULIE (49)

Your personalised help for breast cancer

Get the app and regain control



OWise profile details

Ask your doctor or clinical nurse specialist to fill in these questions for you. That will help you when you start using OWise.

Diagnosis



Which type of breast cancer do you have?

- DCIS IDC (or NOS) Other
 LCIS ILC

Has the breast cancer come back?

- Yes No

Stage



The breast cancer you have is in stage:

- Stage 0 Stage 2 Stage 4
 Stage 1 Stage 3 I don't know

What is the size of the primary tumour found in your breast?

- Smaller than 2 cm Larger than 5 cm
 Between 2 cm and 5 cm I don't know

What is the grade of the cancer cells?

- Grade 1 Grade 2 Grade 3
 Grade 2 Has not been tested yet

Have cancer cells spread to lymph nodes near your breast or armpit?

- Yes, to less than 4 lymph nodes Yes, to 4 to 9 lymph nodes
 Yes, to more than 9 lymph nodes Has not been tested yet
 No

Has the cancer spread to other parts of your body, beyond the lymph nodes?

- Yes No

Do you know your TNM Stage?

T. _____ N. _____ M. _____

Molecular



Are the cancer cells positive for hormone receptors?

- Yes No Has not been tested yet

Are the cancer cells positive for HER2 receptors?

- Yes No Has not been tested yet

Is your cancer familial or genetically determined?

- Yes, close family members also have or have had cancer
 Yes, tests have found that I carry the BRCA1 or BRCA2 mutation
 No, cancer does not occur in my close family

Surgery



The breast cancer has been or will be removed by:

- Mastectomy, with or without reconstruction
 Breast conserving surgery Has not been decided yet

Following surgery, a doctor will look at the margins (borders) of the removed breast tissue. Was the result:

- Negative Close (cancer cells were found close to the edge)
 Positive I have not had surgery / I have not received the results yet.

Will you receive or have you received additional surgery on the same breast or area following a first operation?

- No Yes: breast reconstruction
 Yes: again breast conserving surgery Yes: another type of surgery
 Yes: surgery to remove lymph nodes in my armpit
 Yes: mastectomy with immediate reconstruction
 Yes: mastectomy I don't know

Your Treatments



Operation

- Breast conserving surgery Sentinel lymph node biopsy
 Mastectomy Surgery (other)
 Lymph node surgery Breast reconstruction / prosthesis

Chemotherapy

- AC: doxorubicin & cyclophosphamide
 CMF: cyclophosphamide, methotrexate, fluorouracil
 CNF: cyclophosphamide, mitoxantrone, fluorouracil
 EC: epirubicin, cyclophosphamide
 CAF (of FAC): cyclophosphamide, doxorubicin, fluorouracil

- FEC: fluorouracil, epirubicin, cyclophosphamide
 Docetaxel Capecitabine Paclitaxel
 Eribulin Doxorubicin Gemcitabine
 Nab-Paclitaxel Ixabepilone Carboplatin
 Irinotecan / Topotecan Vinorelbine Other

Radiotherapy

Number of fractions: _____

Targeted (biological) therapy

- Trastuzumab (Herceptin®) Lapatinib (Tykerb®)
 Pertuzumab (Perjeta®) Bevacizumab (Avastin®)
 Everolimus (Afinitor®) T-DM1 Trastuzumab-emtansine (Kadcyla®)
 Palbociclib Ribociclib
 Denosumab (XGEVA®) Abemaciclib
 Neratinib Olaparib (Lynparza®)
 Talazoparib (Talzenna®) Atezolizumab (Tecentriq®)
 Other

Hormone therapy

- Tamoxifen (10 mg) Fulvestrant (Faslodex®)
 Tamoxifen (20 mg) Goserelin (Zoladex®)
 Anastrozole (Arimidex®) Buserelin (Suprefact®)
 Letrozole Triptorelin (Decapeptyl®)
 Exemestane (Aromasin®) Other

GCSF (Filgrastim®) or Growth Factors

Angiogenesis-inhibitor

- Bevacizumab (Avastin®) Other

Anti-sickness drugs

- Ondansetron (Zofran®) Granisetron
 Aprepitant (Emend®) Domperidone
 Dexamethasone Metoclopramide
 Akynzeo® Other
(netupitant & palonosetron)

Painkillers

- Paracetamol Ibuprofen (Brufen® or Advil®)
 Diclofenac (Voltarol®) Opioid drugs (e.g. morphine)
 Naproxen (Naprosyn®) Other

Other

- _____ _____
 _____ _____